

Parents as Preventers Training

Description

These workshops aim to educate participants on some of the early warning signs that determine if a child is using a substance, as well as provide them with the information and skills that can help them take a positive approach in dealing with teens and developing effective drug-prevention. Specifically, risk and protective factors.

Workshops are geared toward parents as well as concern special interest groups. The workshops will delineate effective approaches for identifying and constructively speaking about drugs. Workshops will also provide updated research on the local population as well as focus on how to best utilise the data.

Also, they will provide opportunities to speak about some of the facts surrounding some of the commonly used/abused substances locally, thus empowering them to feel more comfortable about talking to their child about drugs.

Objectives

- Empower participants to build on protective factors such as; family and school connectivity.
- Audience more aware of the risks associated with specific drugs.
- Equip participants with the knowledge of specific drugs.
- Equip participants with communication strategies for effective drug education.
- Encourage participants to establish clear rules and have frequent and open conversations about the dangers of drugs.
- Equip participants with information to feel more comfortable when communicating with each other and discussing drug-related issues.
- Equip participants with the knowledge of identifying some of the early warning signs that determine if a child is using a substance.